

4 Devastating Assumptions about Sex in Marriage

When it comes to sex in marriage, a lot of sexual struggles could be demolished if we overcame these

4 devastating assumptions:



1. Sex in marriage is boring, routine and infrequent.

If you have assumed that it is normal for sex in marriage to descend into a boring and infrequent routine, you have been misled.

The greatest potential for passionate, mutually-enjoyable, pleasurable and exciting sexual intimacy is in marriage, because that is the only scenario where God gives us the go ahead to enjoy sex.

2. My spouse will eventually figure out how to make me climax.



You and your spouse can't read each other's minds. The good news is this means you get to learn sexual techniques, indulgences and delights together. Seek to understand and show each other what feels good.





3. My past will always ruin sex in my marriage.

If you have ever camped out in the assumption that whatever is in your sexual past has destined you and your spouse to substandard sex, I humbly want to point you toward a better promise.

Our past does not map out our future. But we have to be determined to place our trust and healing in the right place (God's truth) and seek solid resources that equip us to heal from past hurts and enjoy sex in marriage.

4. Sex isn't crucial to the overall health of our marriage.



This assumption is probably the worst of them all. When there is no reasonable reason a husband and a wife couldn't be having sex, then they should be having sex on a somewhat regular basis. To believe otherwise inhibits the relationship from being all it could be.

Want more insights on overcoming these assumptions? Be sure to go to the FULL article!

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